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SMART GOALS PLANNER FOR STUDENTS



Instructions Define a specific, measurable, achievable, relevant, and time-bound goal, break it down into actionable steps with assigned deadlines, anticipate obstacles and develop strategies to overcome them, track progress, seek accountability, and regularly review and adjust your goals.

S	Specific	What exactly do you want to achieve?
M	Measurable	How will you track your advancement?
A	Attainable	Evaluate the feasibility of your goal.
R	Relevant	How does it fit into your broader objectives?
T	Time-bound	What is the deadline?