

NAME : \_\_\_\_\_

DATE: \_\_\_\_\_

# SMART GOALS PLANNER

Identify a goal that is specific, measurable, achievable, relevant, and time-bound (SMART). Break it into actionable steps, each with its own deadline.



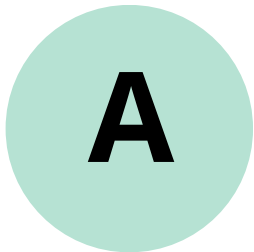
Specific

*What exactly do you want to achieve?*



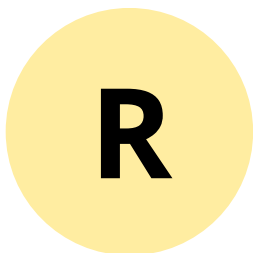
Measurable

*How will you track your advancement?*



Attainable

*Evaluate the feasibility of your goal.*



Relevant

*How does it fit into your broader objectives?*



Time-bound

*What is the deadline?*